

**Table 1. Description of the variables in the model**

Variable	Description	Unit	Mean	Standard Deviation	Minimum	Maximum
Age	Age of the respondent	Years	35.2	12.5	18	65
Gender	Gender of the respondent	Male/Female	0.52	0.50	0	1
Education	Level of education	High School/Junior College/Bachelor's/Master's/Doctorate	0.25	0.43	0	4
Income	Annual household income	Dollars	28,500	15,000	0	60,000
Health	Self-rated health	Excellent/Very Good/Good/Fair/Poor	2.1	1.2	1	5
Activity	Physical activity	None/Low/Moderate/High	1.8	1.1	1	4
Stress	Perceived stress	None/Low/Moderate/High	2.5	1.3	1	4
Depression	Depression symptoms	None/Low/Moderate/High	1.5	1.0	1	4
Quality of Life	Overall quality of life	Very Poor/Poor/Fair/Good/Very Good	3.2	1.1	1	5

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